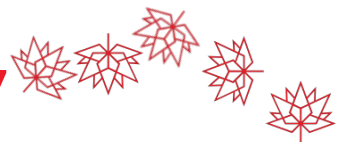


GYMNASTICS ONTARIO AND WORLD CLASS GYMNASTICS PRESENT:



DANCE IT OUT

ONTARIO GYMNAESTRADA 2017



JUNE 17 & 18, 2017

DAVID BRALEY ATHLETIC & RECREATION CENTRE (DBARC)

MOHAWK COLLEGE, HAMILTON ON


REGISTRATION DEADLINE: MAY 1, 2017 (EARLY BIRD PRICE EXTENDED)

EVENT WEBSITE: WWW.ONGYMNAESTRADA.COM

EVENT EMAIL: ONGYMNAESTRADA@GMAIL.COM

2017 ONTARIO GYMNAESTRADA – BULLETIN #2

CALL TO EVENT

PURPOSE	<p>Gymnaestrada is a performance event for groups of athletes of all ages, gender, skill level or discipline. Its main focus is to showcase your group's talents, creativity and love of gymnastics and dance. Costumes, extra equipment, fun, music and smiles can make up any routine. In partnership with World Class Gymnastics, the Ontario Gymnaestrada is Gymnastics Ontario's largest Gymnastics for All event. During the weekend, all participants will take part in workshops, activities and perform their group routines. This is a family event, and themes, music and costumes must be appropriate for all ages.</p> <p>All clubs intending to participate in Canadian Gymnaestrada 2018 are encouraged to disclose their intentions at Ontario Gymnaestrada 2017.</p>
HOST CLUB	<p>World Class Gymnastics 95 Frid St. Hamilton, ON L8P 4M3 (905) 526-9219</p>
EVENT DIRECTORS	<p>Melanie Wolfe/Wendy Porter Host Phone: (905) 526-9219 Host Website: http://www.WorldClassGymnastics.ca</p> <p>For more event Information E-mail: ONGymnaestrada@gmail.com Call or Text: 416-722-1170 (Wendy Porter's Cell) Event Website: http://www.ONGymnaestrada.com</p>
VENUE	<p>DBARC - Mohawk College 135 Fennell Ave West Hamilton ON L9C 1E9</p>
DATE	<p>June 17 & 18, 2017</p>
THEME	<p>Dance It Out</p>
JUDGING	<p>This is a performance event. There will be no judging of performances; however, audience applause is encouraged.</p>
ACCOMMODATION	<p>Residence & Conference Centre- Hamilton, located at Mohawk College 245 Fennell Ave West, Hamilton, ON L9C 7V7 http://www.stayrcc.com/properties/view/index/Hamilton/</p>  <p>For Reservations please call directly at (905) 385 3200 or via email at hamilton@stayrcc.com Group Name: Ontario Gynaestrada 2017 Group Block ID#: 498928 June 16-18, 2017 Two Bedroom suite Group Rate: \$79.95 per night, double occupancy , plus applicable taxes \$84.95 triple occupancy, \$89.95 quad occupancy</p>

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Rates include the following services & amenities:

- Parking
- Air-conditioned Rooms
- Bed Linens & Towels
- Free Internet Access up to 10 GB/week (an ethernet cable is required)
- Light Housekeeping Service (daily towel replacement & bed making)
- 24/7 Front Desk & Security
- Lounges with Cable TV on each floor
- Self-serve on-site Laundry Facilities (\$)

The participants must pay for their own accommodation costs.

A block of 85 rooms has been reserved for this event until May 23rd.

PROGRAM

Saturday, June 17

8:00am	Registration
9:00am	Celebratory WELCOME!
9:30am to 5:00pm	Scheduled Workshops
9:30am to 5:00pm	Scheduled Rehearsals
11:30am to 1:30pm	Unscheduled Grab and Go Lunch
5:00pm to 7:00pm	Dinner Break
7:00pm	All Ages Party

Sunday, June 18

8:30am	Check-in
9:00am	Opening Ceremonies
9:25am	Morning Performances
12:30pm to 1:00pm	Lunch Break
1:15pm	Afternoon Performances
4pm	All Participants Large Group Routine & Closing Celebration

RULES

Routines

A club may send multiple teams. Each performance can be as large as what can be safely performed in the performance area, but should involve at least 10 active participants.

Performance Area

Performances may be done either on the gymnasium floor, a rhythmic carpet or a 14m x 14m artistic floor top. Please note, a sprung floor will not be available.

MUSIC

Each club will have the opportunity to choose their own music for this event. Music with vocals is allowed.

Music may be emailed electronically provided that it is in .mp3 format. Clubs may also send a CD/USB stick by snail-mail, labeled with the club name and music title. CD/USB sticks will be returned at the end of the event. If your club is planning more than one group, multiple music selections can be included on the same CD/USB stick or on different CD/USB sticks- please clearly identify these performances.

Please ensure that your recording is of very good quality, as poor quality sound is worse when amplified in a large space.

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	<p>Please also remember to bring back-up CDs/USB sticks with your music to the event and to check-in with the music table during rehearsal.</p>
EQUIPMENT	<p>Seven strips of 14m x 2m of artistic floor top, a rhythmic carpet, landing mats, mini tramps and foam boxes will be provided. Each team will be responsible for setting up and clearing the equipment used in their performance. Assistance will be provided to set-up floor tops or carpets.</p> <p>All hand apparatus or props will be the responsibility of the team. Please be sure to label your equipment.</p> <p>Your equipment list is required in advance. Contact an Event Director directly to confirm the availability of any unusual or special equipment needs. Storage will only be provided for large equipment.</p>
CLUB ELIGIBILITY	<p>All GO registered Clubs. If you are not a GO registered club and wish to participate, please contact one of the Event Directors.</p>
ATHLETE ELIGIBILITY	<p>This is a performance event for teams of at least 10 athletes of any gender, all ages, all abilities, all levels and any discipline.</p>
COACH ELIGIBILITY	<p>All coaches MUST be GO members with a minimum NCCP Foundations/Level One certification. All coaches must be listed in the team registration forms and be prepared to show proof of GO membership and NCCP certification on-site in order to gain access to the floor.</p> <p>The coach listed on the registration form MUST be the coach that will put the group on the floor at the rehearsal and performance.</p> <p>If your coach does not meet eligibility, please contact one of the Event Directors.</p>
MEDICAL	<p>First Response Medical Staff Will Be On-Site. Participant Consent and Medical Data Record forms for all participants must be in the coach's possession at the event. (Forms will be available for download on the Event website)</p> <p><u>Gymnastics Ontario sanctioned events are NOT guaranteed to be Peanut/Tree Nut Free events.</u> Attendees are asked not to bring peanuts, peanut products, or products containing traces of peanuts or tree nuts into the gymnasiums/venue and/or change rooms where participants are present. Host clubs have been asked to refrain from serving/selling items with peanuts, peanut products, or products containing traces of peanuts or tree nuts at this event. Gymnastics Ontario asks for your assistance in supporting an inclusive environment for all participants.</p>
REGISTRATION FEES	<p>The registration fee includes participation in the 2017 Gymnaestrada show and workshops, entry to the All Ages Party and an amazing weekend of fun.</p> <p><u>Athlete</u></p> <ul style="list-style-type: none"> • Registration fee : \$80 per participant <p><u>Team Coach</u></p> <ul style="list-style-type: none"> • Registration fee: Complimentary for the team coach <p><u>Additional Coach/Manager</u></p> <ul style="list-style-type: none"> • Registration fee: \$40 per additional coach or manager

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REGISTRATION AND PAYMENT INFORMATION	<p>Email the attached Team Registration Form to Wendy Porter at ONGymnaestrada@gmail.com</p> <p>Mail your cheque payable to World Class Gymnastics to: World Class Gymnastics 95 Frid Street, Hamilton, ON L8P 4M3 Attention: ONGymnaestrada</p> <p>Please note: NSF cheques will be subject to a \$50 service charge.</p>								
DEADLINES	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 30%;">May 1, 2017</td> <td>Team registration and final payment received</td> </tr> <tr> <td></td> <td>Equipment list submitted</td> </tr> <tr> <td></td> <td>Team photo and performance description submitted</td> </tr> <tr> <td>June 16, 2017</td> <td>Music submitted</td> </tr> </table> <p>The late fee for athletes registered after May 1st is \$25 (\$105 registration fee) per athlete. No additional registrations will be accepted after June 1, 2016. Substitutions can be made at any time. There will be no refunds after May 1st.</p>	May 1, 2017	Team registration and final payment received		Equipment list submitted		Team photo and performance description submitted	June 16, 2017	Music submitted
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PERFORMANCE DESCRIPTION	We ask that a description of your performance be submitted with a maximum of 50 words for announcing purposes.								
ONLINE EVENT BROCHURE	An online brochure will be available to commemorate the event. Printed copies will be available at the venue for a nominal fee. Please submit a 3:2 dimension, high quality team photograph for inclusion in the brochure. File format can be either a jpg or png, 1200 x 1800px @300dpi								
ADDITIONAL NOTES	Meals will be available for advanced purchase. Details will be posted on the website about cost and food available.								

All Participants Large Group Routine

It is tradition that all participants perform in a large group routine to celebrate their participation in Ontario Gymnaestrada. The routine will be performed on the performance gym floor. Participants (This includes coaches!) will be taught the routine during the Saturday workshops.

